

Thirty-seven percent of the homemakers of this survey achieved a high score representing good nutrition knowledge. Ten percent evidenced very limited knowledge. The average score of 6.5 was approximately the same for all regions.

#### E. Summary of Population Characteristics

Each geographical region of the State, as determined for this survey, would seem to have its own peculiar demographic and socio-economic characteristics. Predominantly rural, the Eastern region had larger families which included more preschool children, fewer aged members and had more economically and educationally disadvantaged households than did the Western and Piedmont regions. The Western region, on the other hand, had relatively few nonwhite households. These households had fewer members and included more elderly people. The Western region also had the highest median income, most educationally advantaged homemakers and the fewest households with substandard food preparation facilities.

As the middle region geographically, the Piedmont was also "in the middle" for most of the demographic and socio-economic factors examined. With racial distribution more like that of the Eastern region, and urban-rural distribution more like the West, the Piedmont contributed substantial numbers to both extremes of the education and economic distributions. Compared with the other regions, Piedmont